Cold, hot, bitter air sweeping across a human's home,

Eyes still closed, red all over, crying in nonsense, life's anew.

The Frosty air keeping us warm, shielding us from the somber reality

caused by an inner feeling of destruction manifesting itself in its DNA.

With no escape in its capacity, its double helix creating a life of struggle and fear.

A mutation deletion lacking phenylalanine,

Cystic Fibrosis is its name, an illness with the power to lift a soul back up to where it was 9 months ago.

Its existence more than just struggles and fear.

Endless thoughts of not finishing the present chapter, waiting for the end to strike momentarily Leads to a mindset of short-lived love.

Persuading us to treat others with kind and care at a young age before it is too late

Giving thanks for waking up each day healthy and with our bookmark still in place

Our relationship with the Creator is only strengthened

Building blocks of stress, worry, and death are the foundations

Causing great courage and bravery among those who suffer

Daily treatments, prescription refills, weekly exercise, keeping our lungs moving and our souls intact

Grows a sense of responsibility in our minds which prepares us for life's easiest hardships

Whooping cough, hacking phlegm, wheezing endlessly,

Forces us to make the best out of any difficult situation

If one can keep Cystic Fibrosis at bay, stopping the waves from crashing down on the beach

Then one can accomplish anything in this life, a product of determination

These are a few of the many reasons why we have Cystic Fibrosis,

It is not a curse or a demon, but a prayer and an angel allowing us to see different shapes of life

Unimaginable in the ways of the healthier people

We are like the jokers of a card deck in a game of poker

Him only choosing only two out of fifty-four in a long shuffle to get the right cards

Though we don't look like any others, we shine in the darkest and toughest hours

We help win the game and create a play that cannot be done by anyone else

Like jokers, we can change lives and win the game of life if we make the most of ourselves given the differences.